



## **Blending Families with some love in the mix.**

R. Michael Westbay, LISW, ACSW

Michael Westbay is a therapist & educator with 30 years of experience. He specializes in couples' therapy, blended families, trauma work and grief counseling. A native of Brooklyn, New York and a graduate of Columbia University, he has lived & practiced in New Mexico for the past 12 years. He is on the faculty of New Mexico Highlands University School of Social Work as an Adjunct Professor. Mr. Westbay has studied with many of the leading relationship experts in the field including Harville Hendrix, Ph.D., David Schnarch, Ph.D., Lori Gordon, Ph.D. and John Gottman, Ph.D.. Mr. Westbay is a popular speaker and has presented numerous workshops including his couples' workshop entitled "Rewriting Love Songs".

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